

Sadly, every day 17 parents in the UK are grief-stricken by the tragic loss of their babies. Hundreds more suffer complications and miscarriage of their pregnancy. This results in many parents struggling to cope with grief, trauma, depression, fear, anger, frustration and resentment.

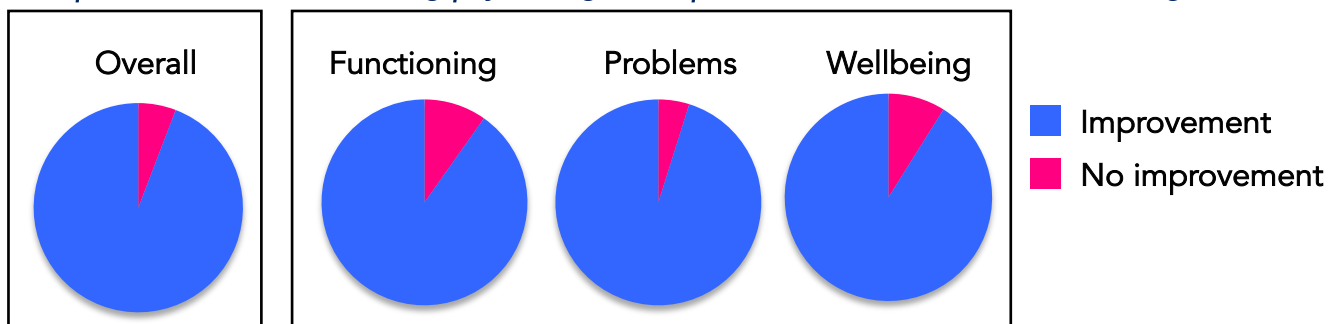
Petals provides a specialised counselling service for individuals or couples who suffer trauma or loss during pregnancy or birth. This unique service provides a level of psychological care that is desperately needed but not currently provided by maternity services within the NHS. The service Petals provides may be accessed by any parents affected by a range of issues, including neonatal death, stillbirth, miscarriage, recurrent miscarriage, antenatal anxiety, postnatal depression, diagnosis of poor/fatal fetal outcomes, trauma following delivery and IVF anxiety. By supporting the emotional wellbeing of clients who have suffered baby loss or trauma through counselling, Petals provides a safe space in which clients can process their traumatic experiences and then re-establish hope in a positive future.

Petals is committed to offering clients up to six **free** counselling sessions, thereby ensuring that this service is available to all those in need, regardless of their financial standing. Financial support is thus required to ensure the ongoing provision of counselling, where £360 pays for six counselling sessions by specialised Petals trained counsellors.

The approach used by Petals is unique, and it works. Petals provides a real lifeline to people who find themselves in desperate need following baby loss.

Analysis of data pre and post counseling demonstrates just how effective counselling by Petals is for achieving positive results:

Proportion of clients showing psychological improvement after Petals counselling:



Some examples of what Petals clients say after counselling:

"Petals gave us a lifeline at the most painful time of our lives – our counsellor helped us both mend our broken hearts and move on with positive hopes for the future."

"A vital service for people who have been on a distressing journey where there can at times seem no light at the end of the tunnel."

"We can't speak highly enough of Petals – it has really helped us through a very difficult time – thank you."